

**Join CPPE as part of a Community Pharmacy
Birmingham & Solihull whole day event**

***NHS Pharmacy Contraception Service: delivering effective
consultations to initiate contraception workshop***

9:30am – 11:30am Sunday 9th February 2025

Or

1.30pm – 3.30pm Sunday 9th February 2025

**Village Hotel Solihull, The Green Business Park, Dog Kennel Lane,
Shirley, Solihull, B90 4JG**

Speaker presentation covers practicalities and experiences of running a service.
Interactive activities to discuss scenarios with your peers, gain confidence in supporting people
who are starting, restarting or switching oral contraceptives, and plan to be service ready.

**The whole day event is 9:30am - 4:30pm, including LPC-led sessions (more
information will be circulated by Community Pharmacy BSol separately).**

**However, booking is essential for the CPPE workshop due to limited
numbers. Please visit the [CPPE website](#)**

**Log in, select 'choose an event' and use keycode PCS25BS to book the
morning or afternoon CPPE workshop**

The aim of this workshop is to support you in shared decision making with people who are starting,
restarting or changing contraception within the NHS Pharmacy Contraception Service (PCS).

After completing all aspects of this workshop, participants should be able to:

- Apply appropriate person-centered consultation skills to enable an effective medical history to be taken
- Explore the suitability of oral contraception for people who access the service in accordance with their individual needs and in line with the service specification and PGDs
- Discuss information and guidance regarding contraception options to allow the person to make an informed choice on an appropriate contraceptive for them
- Provide information on long-acting reversible contraceptives and discuss their advantages, side effects and suitability for people using this service
- Support people to explore their concerns or side effects linked to contraception and be able to discuss alternative options.

If you have any questions about the event, please contact:

CPPE colleague: Megan Harris, CPPE regional tutor, megan.harris@cppe.ac.uk

Community Pharmacy Birmingham & Solihull colleague: Shalina Anwar, ICS Community Pharmacy Clinical Lead, shalina.anwar@nhs.net