

15 January 2026 (#13)

## **Important NHS Blood Pressure Service Compliance Update**

NHS has raised national concerns with Community Pharmacy England (CPE) regarding delivery and claiming of the Blood Pressure Check Service. These issues are being monitored and may be reviewed during post-payment verification (PPV) visits, which can take place long after services are delivered.

### **Key Concerns Identified**

- the occurrence rate of ABPMs when compared with BP check activity
- the frequency of BP checks for some patients
- clarity and completeness of notes that may accompany a BP check to the GP
- using the patient identifying information to change and EPS nomination **WITHOUT** consent

From your claiming record template (e.g. PharmOutcomes) the NHS knows how many BP reads should trigger an ABPM read.

Contractors are advised to ensure patient declines/refusals to have an ABPM are recorded in your system and included in any notes back to the patients GP.

[View BP Service Specification](#)

### **Exclusion criteria**

4.3 The exclusion criteria for all aspects of the blood pressure check service are as follows:

- People under the age of 40 years old, unless at the discretion of the pharmacy staff or unless they have been specified by a general practice for the measurement of blood pressure.
- People who have their blood pressure regularly monitored by a healthcare professional.
- People who require daily blood pressure monitoring for any period of time, e.g. 7-

day clinic BP checks as an alternative to ABPM.

- People with a diagnosis of atrial fibrillation or history of irregular heartbeat.

### **GP Feedback - with suggested actions**

- Patients having multiple clinic BP checks across different pharmacies, one patient 3 times over a 3-week period - **Check the SCR** with patient's consent to see if they've had one before/when last one was done
- Patients having multiple clinic BP checks at the same pharmacy by the same pharmacist - twice within 3 days - **Check the Service Spec**
- ABPM offered when not required - **Check the Service Spec**
- Patient already diagnosed with hypertension offered the clinic BP check and subsequent ABPM (with no referral by GP) - **Check the SCR with patient's consent and/or PMR**
- When the service is delivered by a technician - **Make sure they are aware of all of this feedback**

### **Key Reminder**

PPV visits focus on outliers, and accurate, complete records are essential to demonstrate compliance.

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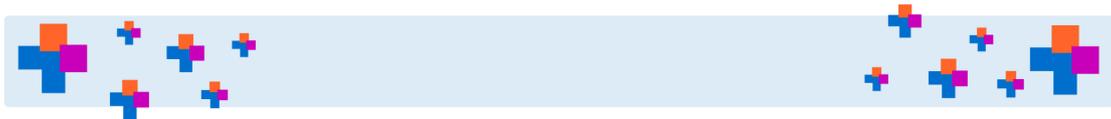
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