



## Pharmacist Support website copy

[Pharmacist Support](#) is an independent and trusted charity supporting pharmacists and their families, former pharmacists, trainee pharmacists and pharmacy students through their wide variety of free and confidential support services. Pharmacist Support's vision is for no one in their pharmacy family to face challenging times alone.

'[I need help managing my](#)' area on the charity's website, provides information on support for mental health and wellbeing, physical health, family and personal life and finances, right through to managing your work life, trainee and student experience.

Assistance from Pharmacist Support can come in many different ways to suit the needs of the individual. When you reach out to the charity for free and confidential support, their friendly team will let you talk through your issue and then guide you through the best way support for you.

Read [real-life stories](#) from fellow pharmacy colleagues and peers about how the charity's services have supported them through difficult times.

There is a whole host of information on the Pharmacist Support website, and you can use the [contact page](#) to ask for any information that you cannot find online.

## Pharmacist Support posters and QR code

LPCs and pharmacy owners can use the below links to download and print Pharmacist Support posters.

[Pharmacist Support poster – general](#)

[Pharmacist Support poster – talking therapies](#)

[Pharmacist Support poster – wellbeing](#)

[Pharmacist Support poster – addiction](#)

[Pharmacist Support poster – financial](#)

[Pharmacist Support poster – hey it's natural](#)

The [QR code](#) for the Pharmacist Support homepage.