

Join us free Saturday 3rd October 2026

Clayton Hotel Birmingham, B5 5JE

09:00 – 17:00

learn | discuss | connect

Gain an up-to-date knowledge and practical understanding of sleep disorder management and the effective use of medicines from sleep experts

Register to attend by scanning the QR code or visit nspn.co.uk/#symposium

The National Sleep Pharmacist Network (NSPN) Symposium brings together pharmacists, sleep specialists, researchers, educators, and healthcare leaders with a shared ambition: to improve sleep health through better practice, education, and research.

Sleep disorders affect millions of people and are associated with significant physical, psychological, and economic consequences. Pharmacy professionals have a role in the identification, management, and prevention of sleep disorders, with opportunities to improve patient outcomes across community, primary, and secondary care settings.

Pharmacists in sleep medicine contribute to the screening of sleep disorders, the initiation, optimisation and deprescribing of medicines used to treat sleep conditions and the education of patients in sleep health. This growing role is increasingly recognised within professional education initiatives and scientific meetings dedicated to sleep medicine and pharmacy practice.

Join us at the UK's first sleep education event delivered by pharmacists who specialise in sleep medicine. Learn to recognise and effectively manage patients with sleep disorders in your practice and be part of a growing network.

Register your interest by visiting <https://nspn.co.uk/>



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