

## **Provision of Carbon Monoxide (CO) Monitors for Stop Smoking Services**

**Target:** B Sol contractors signed up to deliver the Birmingham City Council Stop Smoking Service who are actively reporting activity each quarter

**Purpose:** to motivate clients who are attempting to quit to have their CO reading verified AND to increase the proportion of CO verified quits being reported

### **Don't miss out!**

As outlined in the service specification, Carbon Monoxide (CO) monitoring plays an important role in supporting clients to quit smoking. CO monitoring can be highly motivating, as reductions in CO readings provide visible, immediate feedback for clients who have successfully refrained from smoking. While CO verification is strongly encouraged, the Council continues to accept both **CO-verified** and **self-reported** 4- and 12-week quit outcomes. Face-to-face verification remains preferable; however, self-reported status may be collected via telephone when necessary.

### **Provision of CO Monitors**

Following the recent procurement process, **Intermedical Ltd** has been appointed as the supplier of CO monitoring devices for Birmingham's commissioned stop smoking services. As part of this agreement, each provider will receive:

- A **CO monitor**
- A box of **steribreath mouthpieces**
- A box of **D-pieces**

There is **no cost** to providers for either the monitor or the consumables.

To enable distribution, please confirm:

1. **How many CO monitors you require**, including justification.

*General expectation: one monitor per provider.*

*Providers with more than one adviser actively delivering stop smoking support may request two monitors.*

2. **Delivery address** for the equipment
3. **Contact telephone number** for delivery arrangements

Once your details have been submitted, they will be passed to Intermedical. You should receive your equipment **within 5 working days** of that point.

### **Ongoing Supply of Consumables**

After initial delivery, you will be able to contact Intermedical directly to request additional steribreath mouthpieces or D-pieces. They will send these out to you as needed, at no cost.

Intermedical also provide a range of useful resources including datasheets, manuals, and product demonstration videos. These materials will be circulated to all providers who receive a CO monitor.

If you have any questions or require further clarification, please do not hesitate to get in touch with Rachel.Emmerich@birmingham.gov.uk

Thank you.

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### **CP BSOL - Contractor Information**

For contractor guidance, service updates, local resources, and information to support patients, please visit the CP BSOL website.

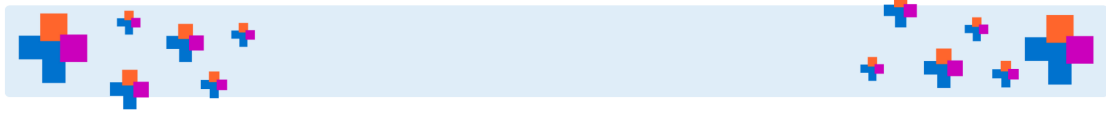
[Visit CP BSOL Website](#)

### **Community Pharmacy Birmingham & Solihull**

Representing community pharmacy contractors across Birmingham and Solihull in partnership with the [NHS Birmingham and Solihull Integrated Care Board](#) and nationally with [Community Pharmacy England](#).

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